

Health Coaching Skills for Clinicians

Where am I now?

As a clinician who shares their specialist knowledge with parents or schools there are times when you wish you had a different approach in your interactions. You are an effective clinician who encourages and supports your early years service users but struggling with increase caseloads and meeting targets.

Where do I want to be?

You want to help your service users grow in confidence, identify and implement their own solutions that fit with their own personal style and remedy any non-compliance issues. As an expert clinician you want to expand your existing 'toolkit' and add coaching as an intervention and technique to use. As a service you want to meet your KPI's.

What will I learn?

This participative 2-day course will enable you to:

- Understand coaching principles and skills
- Know how to overcome challenges and obstacles
- Understand habit and behaviour change
- Confidently develop authentic coaching conversations
- How to seamlessly switch from expert to coach to facilitator
- Understand mindset shift – develop skills to empower parents/education staff

Key content

- Using coaching while remaining the clinical expert
- Identify and use coaching tools
- Explore Group Coaching
- Applied coaching sessions
- Small group coaching practice
- Gain CPD hours following completion of programme

Key benefits

- Improve service KPI's
- Reduce dependency from service users
- Effective caseload management (more for less)
- Improve staff retention
- CPD Accredited

Further Information & Contact Details



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